Skagway Traditional Council Newsletter

April 2022

Volume 19

HÉEN AGUNATÁANI HÍT

WHITECAPS ON THE WATER HOUSE

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The Tlingit name for Mountain Goat is jánwu

Photo: Andrew Beierly
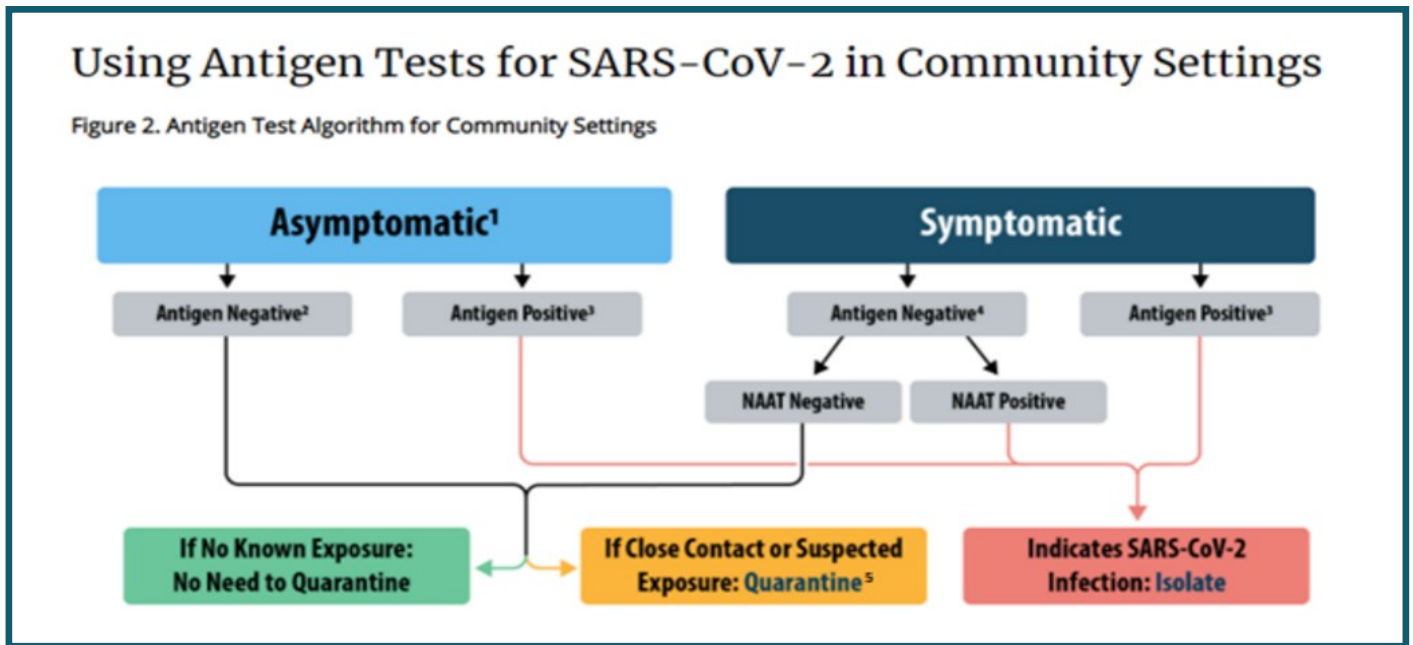
Traditional Tribal Values:

Wooch Yáx

Balance: Social and Spiritual Balance

COVID-19 Testing Update

STC is now testing in-house and no longer offering SEARHC PCR tests.
We offer Antigen and NAAT (Molecular) tests. Results are generally ready within 15 to 30 minutes.
Currently, we are seeing increasing amount of COVID cases in town.

Please stay home if feeling ill. Please reference the following flow chart if you used at home tests.

Using Antigen Tests for SARS-CoV-2 in Community Settings

Figure 2. Antigen Test Algorithm for Community Settings

Asymptomatic[1]		Symptomatic	
Antigen Negative[2]	Antigen Positive[3]	Antigen Negative[4]	Antigen Positive[3]
		NAAT Negative / NAAT Positive	
If No Known Exposure: No Need to Quarantine	**If Close Contact or Suspected Exposure: Quarantine[5]**	**Indicates SARS-CoV-2 Infection: Isolate**	

Testing is done every Tuesday & Thursday from 2-4 pm with no appointment necessary. Please use the QR code to register your information prior to testing.

*Proof of a negative test will no longer be required for Canada entry starting April 1st, 2022. Please confirm with the Canadian Boarder prior to heading up to Canada.

Order FREE at-home antigen tests

Every home in the U.S. is eligible to order up to 4 kits (2 tests each) of free at-home antigen tests.

To order antigen tests please visit www.covidtests.gov

Skagway Fire Departments New Logo

Skagway Traditional Council is proud to see the Fire Departments new logo featuring Northwest Coast Formline art designed by our very own member, Beau Dennis. We look forward to seeing more Indigenous art incorporated throughout Skagway and are thrilled to showcase Alaskan Native Culture and art with visitors from all around the world.

Environmental Department Updates

Salmon in the Classroom-

The Salmon were successfully released into Pullen Creek Pond. All students had induvial cups containing a few salmon and lined up along the creek to release together. The environmental department captured some great footage and created a short video of the day. Please check out their YouTube channel for more.

https://www.youtube.com/channel/UCcwE82MSxAwUS3MrOFkMZsw/featured

Essential Oil Safety Blending Class-

In March, STC held an Essential Oil Safety Blending Class hosted by local business owner Annemarie Hasskamp. She taught how to properly mix and store essential oils, what oils to avoid having on your skin, oils that can help with ailments and scents that repel pests.

Try this *Summer Blend* Mix 1part lemon, eucalyptus or lavender oil with 10 parts Witch Hazel. Helps to keep those bugs away!

Emergency Rent & Utility Assistance Program

After 2 years of the pandemic some are struggling to keep their lights on. Utilizing Bureau of Indian Affairs Home Improvement funds allocated from ARPA funds, STC started Emergency Rent & Utility Assistance Program. This is a small program, paying past dues & future rent for those in danger of eviction. We hope it can help a member in need. Please keep an eye out for the application on our website.

Farm Purchase

We bought a Farm!

STC has purchased property formally known in town as Lazy Daisy Farm. We are excited to start farming and will be offering food sovereignty programs to share with our members. Please keep an eye out for more to come as we look forward to blessing the land and celebrating together.

Upcoming Clean Sweep

Skagway Chamber of Commerce has organized the towns annual Clean Sweep on Saturday, April 23. Registration begins at 9am at the Chamber of Commerce office at 7th and State. STC's environmental department has teamed up to help and put together an informative pamphlet on recycling cigarette butts, available when registering. This is a wonderful time to get involved!! We love seeing the town come together year after year for this event.

Recipe for Cranberry Nut Bread

Ingredients:

- 2 cups flour
- 1 cup sugar
- 1 1/2 tsp. baking powder
- 1/2 tsp. baking soda
- 1/2 tsp. salt
- 1/4 cup butter
- 3/4 cup orange juice
- 1 Tbsp. grated orange rind
- 1 egg, well beaten
- 1/2 cup chopped walnut
- 1 1/2 cup wild cranberries

Instructions:

Mix together first five ingredients, cut in butter until mixture resembles coarse corn meal. Combine orange juice and rind with egg and pour into dry mixture. Mix just until damp, fold in nuts and berries.
Spoon into sprayed pan. Bake one hour at 350 F, or until bread springs back when lightly touched. Let set for five to ten minutes. Remove from pan to cool.
-Judi Christiansen, Seward

Recipe can be found in
Traditional Food Guide For The Alaska Native People

*   Would you like to share a recipe? Please email kathryn@skagwaytraditional.org

Tribal Administrator of the Year!

A big congratulations to Sara Kinjo-Hischer for winning Tribal Administrator of the Year! She is more than deserving of this recognition. Skagway Traditional Council is so fortunate to have such a devoted individual who is always striving to give her best to the tribe and community. Thank you Sara for continuing to lead as an example of honesty, hard work and humbleness.

Congratulations!

SMART Recovery Meeting

When: Monday 6:00pm-7:30pm

Where: Skagway Traditional Council

Questions? Call John Hischer, LCSW

Phone: (907) 983-2255

Everyone is welcome and meetings are Free

SMART Recovery encourages a holistic approach to addiction recovery, with the goal being able to achieve a healthy & balanced lifestyle.

Get more information about SMART Recovery at www.smartrecovery.org

This is a free newsletter brought to you by the Skagway Traditional Council. For more information about tribal history, elections, activities, and upcoming events visit our website: www.skagwaytraditional.org

"Our mission at the Skagway Traditional Council is to nurture and protect our tribal members by persevering cultural heritage, natural resources, improving partnerships and economic sustainability, while upholding tribal sovereignty."

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